

Welcome Bobbi Horner, LRD!

Advancements in Allergy and Asthma Care, Ltd. ("Advancements") is pleased to announce that Bobbi Horner, LRD recently joined our practice as a Registered Dietitian!

About Bobbi

Bobbi brings approximately 10 years of experience as a Registered Dietitian and adds a very unique, individualized, and complementary service to Advancement's core allergy and asthma related offerings. Bobbi has a true passion for nutrition and educating others through nutrition counseling. Bobbi resides in the Twin Cities area and received her Bachelor of Science degrees in Nutrition and Dietetics, Community Nutrition, and Exercise Science from the University of North Dakota.

Dietitian Counseling

Diet has become increasingly complex with the wide variety of culinary options and ingredients found in today's foods. To ensure you are optimally meeting your nutritional needs, a tailored approach to diet can improve you and your family's diet while considering the safety and health of your foods. Among other things, Bobbi can help you achieve your dietary goals by educating you with tools that allow you to:

- Navigate food allergies and intolerances
- Identify allergy-safe food substitutions
- Ensure your nutritional needs are being met
- Educate and assist in deciphering complex food labels
- Provide thoughtful ideas for snack and meal alternatives
- Suggest dining options for work, home and social situations

About Advancements

Advancements in Allergy and Asthma Care, Ltd. is a single-specialty group based in Minnetonka and has served the area for over 30 years. We offer a wide range of services and treatments covering the broad spectrum of allergy and asthma related cases. We believe our approach to medicine, offered through an independent, friendly, and warm setting, leads to more personalized and high quality care.



Contact us via email or phone to schedule an appointment with Bobbi! Referrals are not required.

Phone: 952-546-6866

Mobile: 701-739-1585

nutrition@advancementsinallergy.com

Dietitian Counseling Pricing

New patient visit:

- \$140 for one hour
- \$80 for half hour

Established patient visit:

- \$60 for first 30 minutes
- \$20 for each add'l 15 minutes

Guided grocery store tours: \$80 (must be an established patient)

Educational group sessions focused on diet are also available periodically.

Payment of dietitian services is patient's responsibility. At this time, health insurance is not accepted for our dietitian services.